



GOD'S HEALTH PLAN

BIBLE REFERENCE GUIDE #16

- John 10:10** God wants us to have an abundant life.
- 3 John 1:2** God wants us to be healthy physically as well as spiritually.
- Exodus 15:26** If we are obedient and follow what God says, we can have greater blessings from God in regard to preventing from disease.
- Psalms 84:11** God will not hold back anything that is good for us.
- 1 Corinthians 10:31** Whatever we eat or drink, it should be to God's glory.
- 1 Corinthians 6:19,20** Our bodies are not our own. The Holy Spirit wants to dwell there and we must glorify God in our bodies and spirit.
- Deuteronomy 29:17-20** "Gall" and wormwood (Margin: "poisonful herbs"— which would include tobacco) are mentioned here as a symbol of God's disfavor and classed as "abomination."
- Proverbs 20:1** Wine (fermented) is a mocker. We should not be deceived by drinking it even socially.
- Proverbs 23:29-32** Alcohol brings sorrow, contention, stupidity, and wounds. God's counsel is that we are not even to look upon it.
- Isaiah 5:20-24** Woe to those who drink strong drink and wine (fermented).
- Isaiah 65:8** "New Wine" as found in the cluster (a bunch of grapes) is a blessing (Matt. 26:29). This verse demonstrates the Bible usage of the word "wine" in more than one sense. It can also refer to the juice of the grape in the unfermented state.
- Genesis 7:1-2** In the beginning, with Noah, God made a distinction between clean and unclean animals. God clearly forbade man to eat unclean animals by making a distinction between the unclean animals (only one pair) and the clean animals (seven pairs) when taken into the ark. (Note: Some will say this was a Jewish law only—but this was centuries *before* the Jews).
- Leviticus 11:1-8** This passage tells us how to differentiate between the clean and the unclean animals. The land animals must have a cloven hoof and chew the cud.
- Leviticus 11:9,10** God also tells us how to distinguish the clean from the unclean fish and seafood. To be clean for human consumption it must have fins and scales.

Isaiah 66:15-17 Those who know the truth, but continue to eat swine and any other food God calls an abomination, will be consumed and slain by the Lord when He comes because of their rebellion against the principles of heaven.

Genesis 1:29 God's original diet for man was vegetarian.

1 John 3:2,3 When we have the hope of Jesus' coming, we will purify ourselves as He is pure.

Supplemental: From His Tail to His Snout!

By John T. Reagan

Ps. 34:11

Do you think, brother, that in God's great plan
When He was prescribing the best food for man
That He made a mistake in leaving the swine out.
For he was not good from his tail to his snout!

1 Cor. 3:17

Oh, the carcass of an old dead horse or a cow
Don't get too rotten for a dirty old sow;
Though we holler a lot about boils and gout,
We eat Miss Piggy from her tail to her snout.

Ezek. 33:11

We couldn't eat the buzzard, we'd think it a crime,
But how much more filthy is he than the swine;
That we make into pie, or we cook him with kraut,
And eat him or die, from his tail to his snout!

Isa. 66:2-4

We cook him with cabbage or boil him with greens,
With his mangy old hide we season our beans;
With his scabs and his boils within and without
Sweet Piggy we eat from his tail to his snout.

On filth they feast, while in stink-holes they lay
And still for their carcass our money we pay;
The preacher, professor, or the judge on his bench,
Eat the carrion-eater, his filth and his stench.

Ezek. 22:26

In the filth you can see him clear up to his eyes
His slimy old carcass all covered with flies;
Most dead with cholera (due to butcher, no doubt).
We still think him good from tail to snout.

11 Cor. 6:17

We eat the old grunter, we eat the young shoat,
The fat that we fancied may be pus or bloat;
It would smell as good, and as healthy, no doubt,
As the hoofs and the hide, the tail and the snout.

Isa. 66:17

We may like him lean, or we may like him best fat
Just as well eat the dog, or else eat a cat;
Just as well eat the buzzard, the owl or the bat
The lizard or the snake, the mouse or the rat.

Rom. 12:1

Our most sensitive natures would almost run wild,
If we handled the corpse of a man or a child,
But we sit at our table and cram down our throat
With greatest relish—the corpse of a shoat.

Deut. 14:8

God made him a scavenger, He says he's unclean
What other creature is as filthy and mean?
If we eat his flesh, or touch his dead carcass,
With sin and disease it surely will mark us.

Lev. 11:7, 8

Tis sad, brother, although God's word is just,
We eat the slop-eater, for eat him we must;
The dirtiest of beasts we will not do without.
But eat him we will, from his tail to his snout!

Matt. 15:8

Now we sing and we talk of God's love so divine,
Like vultures, then feast on the dirty old swine.
We might shun many ills, and diseases, no doubt,
By not eating him—from his tail to his snout.

1 Cor. 10:31

Yes, we worship the Lord, and pray and shout.
But that old hog flavor we can't do without;
For ham, bacon, and sausage; we go the whole route.
And eat the whole hog from his tail to his snout.

11 Pet. 2:22

In God's word we find he is classed with the dog
No matter how highbred he still is a hog
Though you wash him, or teach him if you will,
He still will go back to his mire and his swill.

Gen. 1:29

We'd be better off if we obeyed God's command,
And ate vegetables, grain and fruit of the land
Then it wouldn't take half of the tonic and pills
To relieve all mankind of their swine-fed ills.

Gen. 9:5

You may think of fresh pork as a very rare treat,
But our bodies are made of just what we eat,
And the food he has eaten, the filth of the land
Goes into our body as food second-hand.

III Jn. 2

No wonder we are weak and heart beats are slow,
Sanitariums full, hospitals o'erflow,
For we eat such unclean, abominable things,
That are creeping, crawling, or flying with wings.

Ps. 119:105

God forbade us to eat these dirty old creatures,
No matter what is the theory of preachers;
If left to man's opinion—we'd not know the right,
But thank the Lord, in His Word there is light.

Lk. 4:2, 3

And now, my brother, you may no doubt recall—
Indulgence of appetite caused Adam's fall.
Our Savior was tempted on this point, no doubt,
Then why do we eat from his tail to his snout?

Rev. 22:11, 12

Now I've told you my story, recited my piece;
If you can eat pork with your conscience at ease,
If sin, filth, or disease, you care little about—
Keep on eating the brute,

From his tail to his snout!

A returned Missionary Baptist Minister with ten letters after his name, writes upon receiving the poem, "From His Tail to His Snout," as follows:
"Literature received, glad to get it. Forty-five years ago when in inland China, I saw hogs eating dead children. At once I ceased eating hog, my stomach trouble, dyspepsia and indigestion disappeared, so that was proof positive what caused it. So I say to people, "If you want cancer for breakfast, rheumatism for dinner and tuberculosis for supper, eat hog. I don't want any, for God classes it with rats and mice."

